

CROSBY-IRONTON SCHOOLS MEAL MENU -

APRIL 1-12

2019

Menu items may change due to availability. Cereal is available as a breakfast alternate daily at both schools.

USDA is an equal opportunity provider and employer.

1	2	3	4	5
Maple pancakes,syrup Applesauce,juice,milk	Scrambled egg wrap Peaches,Juice,Milk	Pancake & sausage on a stick Pears, Juice, Milk	Cereal, Muffin Orange wedges Juice, Milk	Egg & cheese biscuit Mixed fruit, juice, Milk
Breaded chicken patty on a WW bun Baked beans Caesar salad Peaches Milk HS alternates Chef salad Fajita chicken wrap Grab&Go Grade 9-12	Taco on a WW tortilla, toppings Chips, salsa, bean dip Seasoned Corn Fresh fruits Milk HS alternates Chix Caesar salad Quesadilla Grab&Go Grade 9-12	Turkey gravy Mashed potatoes Glazed Carrots Mixed fruit WW bread & Jelly Milk HS-alternates Chef salad Ham & cheese stacker Grab&Go Grade 9-12	Popcorn chicken Ginger-soy rice Steamed Broccoli Garden salad Pears Milk HS alternates Chef salad Corn dog Grab&Go Grade 9-12	Pizza California vegetables Grape tomatoes, Carrots, cucumber Cinnamon applesauce Milk HS alternates Taco salad Yogurt boat Grab&Go Grade 9-12
8	9	10	11	12
Waffles/fruit topping Peaches, Juice, Milk Chicken nuggets Tex Mex bean bake Greek salad Mandarin oranges & pineapple Dinner roll Milk HS alternates Chef salad Yogurt parfait Grab&Go Grade 9-12	Breakfast Pizza Applesauce, Juice Milk Ham & cheese sandwich Chicken noodle soup Creamy Coleslaw Peaches Milk HS-alternates Southwest Chix salad Sunbutter-Jelly Sand. Grab&Go Grade 9-12	Apple Frudel Banana, Juice, Milk Tuscan herb chicken Brown rice pilaf Green beans Broccoli Parm. salad Banana fruit cup Milk HS alternates Taco salad Teriyaki chicken bowl Grab&Go Grade 9-12	Cereal, WW cinn. roll Pears, Juice, Milk Garlic cheese bread Marinara sauce Caesar salad Apple wedges Milk HS alternates Chef salad Pizza burger on a bun Grab&Go Grade 9-12	Turkey sausage bagel Pineapple, Juice, Milk Cheeseburger on a WW bun, toppings Tator tots Fresh broccoli/carrots Pears Milk HS alternates Chef salad Fish sandwich Grab&Go Grade 9-12
Additional choices of fruits or vegetables are offered daily at each school. Cereal is available as a breakfast alternate daily at each school.		Looking for Health or Nutrition resources? We have added site links with interactive games, activities, and funfacts. Just go to the Crosby- Ironton website and look under the Wellness tab.		Meal costs Breakfast -\$1.55 at both schools Lunches C.R.E.S. - \$2.45 H.S. - \$2.70 REMEMBER Each reimbursable meal must contain 1/2 cup of fruit or vegetables.

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15	16	17	18	19
Maple pancakes,syrup Applesauce,juice,milk	Scrambled egg wrap Peaches,Juice,Milk	Pancake & sausage on a stick Pears, Juice, Milk	EARLY RELEASE Cereal, Muffin Orange wedges, Juice, Milk	NO SCHOOL
Chicken tender wrap with toppings Corn	Walking taco Assorted toppings WW roll	Shredded pork Philly sandwich, Sun chips Green Beans	Corn dog	
Southwest salad	Fresh crunchy carrots	Creamy Coleslaw	Tex Mex Bean Bake	
Peaches	Pears	Mixed fruit	Broccoli craisin salad	
Milk	Milk	Milk	Tropical fruit	
HS-alternates	HS-alternates	HS-alternates	Milk	
Chef salad	Chef salad	Chef salad		
Hot Ham & cheese	Fajita chicken	Sunbutter-Jelly Sand.		
Grab&Go Grade 9-12	Grab&Go Grade 9-12	Grab&Go Grade 9-12		
22	23	24	25	
Waffles/fruit topping Applesauce,Juice,Milk	Breakfast pizza Peaches, Juice, Milk	Apple Frudel Banana, Juice, Milk	Cereal, WW cinn. roll Pears, Juice, Milk	Turkey sausage bagel Pineapple, Juice, Milk
Pizza	Beef hot dog on a WW bun,	Teriyaki chicken	Garlic cheese bread	Taco Joe on a bun
Monte Carlo vege.	Baked beans	Rice Pilaf	Marinara sauce	Potato wedges
Garden fresh greens - salad	Seasoned Corn	Glazed Carrots	Greek Salad	Green beans
Pineapple	Applesauce	Banana fruit cup	Peaches	Garden greens salad
Milk	Milk	Dinner roll	Milk	Pears
HS-alternates	HS-alternates	Milk	HS alternates	Milk
Taco salad	Caesar chicken salad	HS-alternates	HS alternates	HS-alternates
Yogurt boat	Fish on a bun	Chef salad	Chef salad	Taco salad
Grab&Go Grade 9-12	Grab&Go Grade 9-12	Tuscan chicken	Pizza burger on a bun	Caesar chicken wrap
		Grab&Go Grade 9-12	Grab&Go Grade 9-12	Grab&Go Grade 9-12
29	30			
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Breaded chicken patty on a WW bun	Taco on a WW tortilla, toppings		Cereal is available as a breakfast alternate daily at each school.	REMEMBER Each reimbursable meal must contain 1/2 cup of fruit or vegetables.
Baked beans	Chips, salsa, bean dip			
Caesar salad	Seasoned Corn			
Peaches	Fresh fruits			
Milk	Milk			
HS alternates	HS alternates			
Chef salad	Chix Caesar salad			
Fajita chicken wrap	Quesadilla			
Grab&Go Grade 9-12	Grab&Go Grade 9-12			